

Linda Walker

Massage Therapist

Linda is a licensed Massage Therapist with over 20 years of hands-on experience. Having mastered the art of Swedish Massage, Shiatsu, Reflexology and other Therapeutic techniques, she has branched out into the fascinating field of energy body-work. Here at the Health and Fitness Center in choosing the Swedish or Signature Massage with Linda, along with the usual benefits of traditional massage also comes a strengthening of the immune system, improved metabolism and increase in life force energy.

Types of Massages:

Swedish	Therapeutic	9-Breath Healing
Signature	Reflexology	
Reiki	Shiatsu	

