

# Jennifer Labovitz

*Medical Fitness and Wellness Manager*

## Professional Qualifications:

- B.S. Education in Exercise Science:
  - University of Kansas
- Clinical Exercise Specialist:
  - ACSM (American College of Sports Medicine)
- Certified Health and Fitness Specialist:
  - ACSM (American College of Sports Medicine)
- Certified Cancer Exercise Specialist:
  - CETI (Cancer Exercise Training Institute)



Lake Forest Health & Fitness Center

## Fitness Management