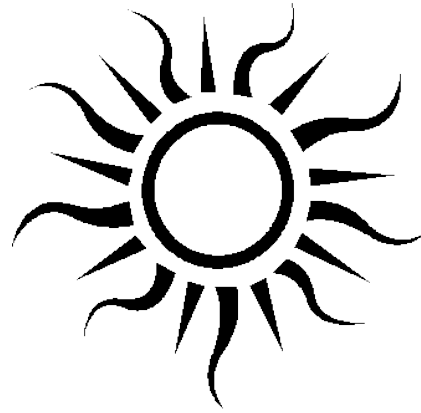


Summer Fitness Challenge 2010

“Turn the Heat Up on Your Fitness!”



June 21st-August 13th, 2010

Program Includes:

Primary Fitness Assessment
Weekly weigh-ins and circumferences
Program T-Shirt
10% off any Personal Training package 10+
Final Fitness Reassessment

Cost: \$50

Prizes:

(5) 30-min Personal Training Sessions (\$215 Value)
(2) Group Reformer Class Packages (\$200 Value)
60 min Swedish massage (\$75 Value)
1-Week SenseWear Session (\$195 Value)
50% off Wellness 180 program (\$187.50 Value)



Wellness 180^o