

Christi Baron

DIETITIAN

Professional Qualifications:

- B.S. Dietetics and Nutrition
Minor in Psychology- Murray State University
- Dietetic internship completed at University of Kentucky Trauma Hospital
- Registered Dietitian-American Dietetic Association
- Licensed Dietitian/Nutritionist-State of Illinois
- Practice Specialty:
 - Weight Loss
 - Sports Nutrition
 - Diabetes



Lake Forest Health & Fitness Center

Nutrition Services

