

# Julie Zabukovec

## *Massage Therapist*

Julie joined the fitness center as a group exercise instructor in 2007 and as a massage therapist in 2008. She graduated from the Chicago School of Massage Therapy and is Nationally Certified in Therapeutic Massage and Bodywork. Julie transitioned into massage therapy from “Corporate America” and draws on her athletic background and Yoga training. She focuses on providing a wonderful massage while ensuring her clients are relaxed, rejuvenated and renewed..

### Types of Massages:

Swedish	Pre Natal	Thai Massage
Signature	Sports	Thermal Therapy
Deep Tissue	Clinical	Kinesio Taping
Myo-Fascial Release	Shiatsu	Lomilomi Ka

