

Party Guidelines

- Parties are held at the Lake Forest Health and Fitness Center in the FitKids department.
- Parties are available for children ages 4-12 years old.
- Parties are available:
 - Fridays 4:30pm-6:00pm
 - Saturdays 3:30pm-5:00pm
 - Sundays 2:30pm-4:00pm
- Parties are 1 1/2 hours long.
- Reservations need to be made at least one month in advance to assure proper preparation.
- A \$75 non-refundable deposit is due upon reserving the party (applied to total party cost).
- The remaining balance as well as exact head count needs to be given 3 days prior to the party.
- Cost is for 6-10 children. Additional child is \$12 for member and \$15 for non-member.
- Maximum number of children is 20.
- 15% gratuity is added to your total bill.

HAVE FUN!!!



For more information or to schedule your party, please contact Pat Henning at 847-535-7062 or email phenning@lfh.org

FitKIDS BIRTHDAY PARTIES



PARTY PACKAGES

BASIC

Includes:

- Tableware
- 1 balloon per child
- 1 bouquet of balloons
- 2 Party hosts
- Beverage (choice of):
Apple Juice, Fruit Punch or Kid Size Water

Members \$200

Nonmembers \$250

DELUXE

Includes Basic party package:

PLUS

- Bakery product (Choice of):
1/2 sheet cake, 1 dozen cupcakes or 1 dozen cookies
- 2 Party hosts
- Beverage (choice of):
Apple Juice, Fruit Punch or Kid Size Water

Members \$250

Nonmembers \$300

ULTIMATE

Includes Deluxe party package:

PLUS

- Moonwalk
- Food (Choice of):
Pizza, Mini Burgers or Hot Dogs

Members \$325

Nonmembers \$375

ACTIVITY OPTIONS

Arts & Crafts- Children make a special arts and craft item to take home with them.

FitKids Games- Games will include parachute fun, stations, relays and an obstacle course.

Storytime and Games- A theme for the younger ones with children's stories and games like Ring around the Rosie, Duck, Duck, Goose, and playing with a small parachute.

Outdoor Party- Scavenger hunts, outdoor games, obstacle course and the water slide (additional cost included for slide)

ADD ONS

Moonwalk	\$75
Water Slide (Outside Only)	\$75
Themed Tableware	\$10*
Piñatas	\$25
Balloon Bouquet	\$5
Party Hats	\$10*
Goodie Bags	\$10*

*per 10 children

PARTY THEMES

Sports Party \$50

Our referee will keep guests pumped up doing drills, games, relays and more at this sport-tastic party. Guests will create their own pennant to take home!



Treasure Hunt Party \$100

"Ahoy There" All young pirates will be given bandanas, eye patches and a treasure map. Games, songs and a treasure hunt will take place. Once the treasure is found everything in the chest will be split up for all to take home!



Princess Party \$75

Guests will be transformed into princesses as they make their own tiaras and magic wands. There will be dancing and make believe. They will feel like royalty!



Train Party \$75

Our conductor will put your guests on track with pretend destinations and fun games at each stop. They will make conductor hats with help of our co-conductors!



~ All packages are for 10 children ~ All parties can be customized with a theme for an additional charge